

# Engage

NNORC Neighborhood Project

FBH Caring Ministries Foundation/  
SOFI  
4646 Nine Mile Point Road

NON-PROFIT  
U.S. POSTAGE  
PAID  
ROCHESTER, NY  
PERMIT NO. 1056

## Engage Calendar of Events

### Backyard Adventures are Back!!!

A visit to the Memorial Art Gallery in Rochester  
(See inside for more details.)



### Support Groups

**1 Caregivers Support Group**  
Wednesday, March 1 10:30 – 11:30 am  
Location: Perinton Presbyterian Church •  
6511 Pittsford Palmyra Road, Fairport

**6 Men's Support Group**  
Monday, March 6 11 am - 12 pm  
Location: Perinton Manor Apartments Clubhouse •  
62 Manorshire Drive, Fairport.

**7 Women's Support Group**  
Tuesday, March 1 1:30 – 2:30 pm  
Location: Perinton Manor Apartments Clubhouse •  
62 Manorshire Drive, Fairport.

### Spotlight

#### Backyard Adventures Event List 2017

<b>March</b>	Memorial Art Gallery
<b>April</b>	Abbey of the Genesee
<b>May</b>	Ganondagan State Historic Site
<b>June</b>	The Windmill Farm and Craft Market
<b>July</b>	Boat Tour - Lake TBD
<b>August</b>	Watkins Glen
<b>September</b>	Hidden Valley Animal Adventure
<b>October</b>	Letchworth State Park
<b>November</b>	Red Lobster
<b>December</b>	Holiday Lights Ride

Engage helps individuals 60 and older aging in their own homes coordinate appropriate services, benefits and entitlements, and provides individual healthcare consultation to manage chronic conditions, respond to acute episodes, and facilitate access to the healthcare system. For assistance call 377-7830.

For more information or to register for an event, please call 388-2349 or email [bzarcone@fbhcm.org](mailto:bzarcone@fbhcm.org)

# March 2017 Engage Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Caregiver's Support Group 1	2	3	4
5	Men's Support Group 6	Women's Support Group 7	8	9	10	11
12	13	Educational Program 14	Advisory Board Mtg 15	16	17	Backyard Adventure 18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## 14

### "Let's Get Organized"

#### Suzanne Feather MVP Health Care

Tuesday, March 14  
11 am – 12 pm

Start spring with less clutter, and better organization and time management skills. Learn how a little investment of time can improve your quality of life, decrease your stress, and give you more time to do the things you really enjoy. **Registration appreciated #388-2349. \$5 donation suggested.**

Location: Perinton Presbyterian Church Fellowship Hall • 6511 Pittsford Palmyra Road, Fairport.

## 15

### Engage Resident Advisory Board Meeting

Wednesday, March 15  
11 am – 12 pm

The *Engage* Advisory Board is a group of residents that advise the *Engage* staff regarding the needs of the aging population and the elements required to age successfully for people living in the NNORC. Have a voice in your community! Be a liaison! Guests welcomed. Facilitated by Heide George & Biagio Zarcone.

Location: Perinton Community Center, Room #208B • 1350 Turk Hill Road, Fairport.

## 18

### Backyard Adventures #1: Memorial Art Gallery

Saturday, March 18  
10 am – 4 pm

Join us as we kick off our new year of adventures touring MAG preceded by a quick bite at Jim's on Main. "Enhancing people's lives by cultivating relationships and building community through the direct experience of art and creativity!"

**\$15 required participation fee! \$10 senior rate for entrance! Registration necessary as seats are limited. Call today #388-2347.**

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