

Wednesday, November 1st

10:30am-11:30am

Caregivers Support Group

Perinton Presbyterian Church
6511 Pittsford Palmyra Road,
Fairport



Monday, November 6th

11am-12 noon

Men's Support Group

Perinton Manor
Apartments Clubhouse
62 Manorshire Drive,
Fairport



Tuesday, November 7th

1:30pm-2:30pm

Women's Support Group

Perinton Manor
Apartments Clubhouse
62 Manorshire Drive,
Fairport



Thursday, November 9th

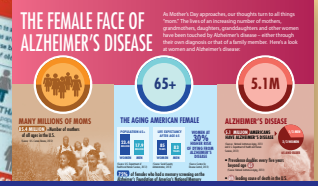
1pm-4pm

National Memory Screening Day

Please join us as we participate in the Alzheimer's Foundation of America's 15th annual NMSD! If you have a concern about memory, our qualified healthcare professionals will provide a free, confidential memory screening serving as a starting point for discussion.

Registration appreciated 585.388.2347.

Perinton Presbyterian Church
6511 Pittsford Palmyra Road,
Fairport



Saturday, Nov 18th

11am-3pm

Backyard Adventures

Red Lobster Luncheon & Read's Ice Cream — Henrietta

Please join us as we venture out for some savory seafood entrees followed by a stop at our very own Jeanne Read's ice cream shop for a delicious cone or two. Take a day off from meal preparation and treat yourself to an afternoon out!

\$15 required participation fee
Registration necessary as seats are limited.
Call today 585.388.2347.

Presbyterian Church Fellowship Hall
6511 Pittsford Palmyra Road,
Fairport



Brought to you by



Spotlight:

Fairport Baptist Homes ENGAGE NNORC
& Perinton Square Plaza presents

Wellness Fair for Older Adults on Election Day

The 12th annual Wellness Fair sponsored by Senior Options for Independence will be held on **Tuesday, November 7th** at 6720 Pittsford Palmyra Road between 8 am–1 pm. Over 50 exhibitors/vendors will be in attendance. The focus is to provide education regarding health and wellness, senior housing options and community connections that emphasize quality of life. All are welcome!

EngAge helps individuals 60 and older aging in their own homes coordinate appropriate services, benefits and entitlements, and provides individual healthcare consultation to manage chronic conditions, respond to acute episodes, and facilitate access to the healthcare system. For assistance call 585.377.7830.

Engage

NNORC Neighborhood Project

FBH Caring Ministries Foundation/SOFI
4646 Nine Mile Point Road, Fairport, NY 14450

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